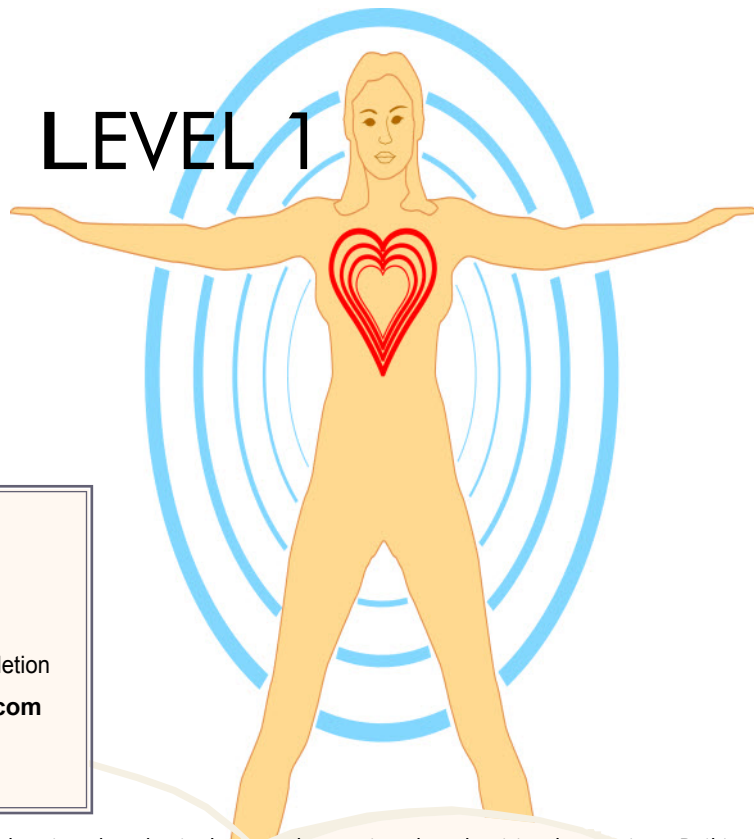


# Reiki LEVEL 1

Learn about Reiki, its uses and benefits and history. Reiki I focuses on self-healing and hand positions for giving Reiki to yourself. It is about unconditional love and acceptance, self-care and self-love. You will receive a sacred attunement - a tuning- to the Reiki energy which also attunes you to the sacred Reiki symbols.



**Location:** DGEA Holistic Center

1228 River Road, Mount Prospect, IL 60059

**Date:** Saturday January 22, 2011

**Time:** 9:30 am - 4:30 pm ( one hour break)

**Fee:** \$115. includes handouts and certificate of completion

**To Register:** 847-909-3432 or email: [dls4you@dgea-lee.com](mailto:dls4you@dgea-lee.com)

**Reiki Level 2:** Sat. Feb. 26th, 9:30-4:30 \$ 125.

Must take Reiki 1 to take Reiki 2

Reiki pronounced (Ray-key) is a light, hands-on healing touch for balancing the physical, mental, emotional and spiritual energies. Reiki treatments and attunements may help with stress reduction, de-stressing the central nervous system, emotional releasing and or balancing, pain management, increasing energy and overall balance. It does not interfere with any persons' religious beliefs because it is simply the universal love energy, which flows through each one of us. Reiki enhances a feeling of wholeness and well-being.

A feeling of *Wholeness*  
*and well-being*



Rev. Susan Paige, OMC, MTI, [www.susanpaige.com](http://www.susanpaige.com)

who has a special connection to Kuan Yin. It has been said that she has "Kuan Yin Chi" flowing through her during her healing sessions and in her teaching. Susan is a Best Selling Co-Author (along with Dr. Wayne Dyer and others) of 'Wake Up...Live The Life You Love...Finding Your Life's Passion'. Susan has 30yrs experience in the fields of, personal & spiritual growth, healing arts, art, speaking, teaching, writing, marketing, management. Ministerial Self Awakening Counseling, OMC & Course Facilitator Certification, Pathways of Light College, WI, Licensed Massage Therapist- TX; Reiki Master Teacher; Aromatherapy Training; BA Northern IL. U, Professional Coaching Course, CTI; Massage Therapy Instructor, Dallas Area; Director, 7th Ray Books & Herbs holistic center, Milwaukee, WI; Manager, Yoga for Life, Dallas; Manager art gallery, Phoenix; owned business, Chicago. She has an active writing, national speaking and healing practice in Dallas, TX and Chicago area. Groups & private classes. CE classes TX.

*Live Well*